



Fleetdown Primary Academy

Personal Development Offer

Building Futures:

Fleetdown Primary Academy supports pupils to develop in many diverse aspects of life. As part of our commitment to pupils' personal development, we have devised a programme of career experiences for our pupils. Through our Careers programme, we aim to encourage pupils to aspire, make good choices and understand what they need to achieve in order to succeed in their future careers. Our Careers programme offers unbiased career advice and opportunities to explore a range of careers and will be encouraged to pursue their dreams and aspirations.

Careers Programme	
Year Group	Event
Year 6	Fiver Challenge – Young Enterprise This event enables our year 6 pupils to develop their business skills and introduces them to the world of money, budgeting and encourages responsibility.
Year 6	Visit to Greenwich University Through visiting a local university, we aim to inspire our pupils to aim high in their futures and to broaden their horizons as to what they can study in the future.
Year 6 Spring Term	Fleetdown's Careers Fayre This event enables pupils to meet with professional from a range of careers in order to encourage them to consider their opportunities for when they are older. Some of these careers include: Teaching, Police, Health Care, the World of Banking, Engineering, Scientific careers, Health and Beauty, Firefighters and many more.
Year 5 and 6	The Brilliant Club Scholars Programme The Brilliant club is a programme designed to support pupils to develop skills and knowledge to make ambitious and successful applications to universities, should that be what they decide they want to do. The programme is run by PhD students and allows children to develop an understanding of what University may offer.
Year 6 Spring Term	Employment Settings This event enables the pupils to visit different employment settings to experience the atmosphere and working conditions associated with each particular setting.
Year 5 Spring Term	Meet the professional This event enables the pupils to speak to professionals about their career. The pupils will have the opportunity to discuss each profession in detail and to look at examples of work. The professions explored include: Medical Photographers, Solicitors, Doctors and Police to name a few.
Year 3 & 4 Summer Term	Aspire to Achieve During this event our younger pupils will discuss their career aspirations. Parents will be invited in during a show and tell session to talk about their careers and how our families contribute to the local and wider community.

**Reception,
Year 1 & 2
Summer Term**

What I want to be when I grow up

During this event our youngest pupils will experience a dress up day focusing on what they want to be when they grow up; learning songs and acting out in the role play areas.

Staying Safe:

At Fleetdown Primary Academy the safety of all of our pupils is paramount. We aim to ensure that all of our children are able to recognise the dangers that surround them, including the inappropriate use of mobile technology and social media. Fleetdown Primary Academy has a comprehensive programme of event days, workshops and assemblies which aim to teach our children how to keep safe at all times.

Staying Safe	
Year Group	Event
Whole School	Anti-Bullying: At Fleetdown Primary Academy, we do not tolerate bullying in any way, shape or form. We teach our children different ways to manage their emotions and how to treat others in an age appropriate way. Year 6: Managing Conflict Year 5: Risks and Pressures Year 4: Keeping safe outside school Year 3: Keeping safe in school Year 2: Recognising and Celebrating differences Year 1: Other People are special too Reception: Being Healthy and Safe
Whole School	Online Safety We ensure that our children are able to keep themselves safe online as well as in person. All children in years 1-6 complete a program of online safety lessons with termly lessons on a variety of different aspects of staying safe online. This follows our Online Safety scheme: Switched On Online Safety. All children will also complete activities and attend assemblies to celebrate Safer Internet Day in February.
Whole School	First Aid All of our children are taught the necessary first aid skills to deal with bleeding and bites and stings, with older children being provided with full first aid training through St John's Ambulance. This is as part of our PSHE program.
Year 6	Drug Awareness In this session our senior pupils will learn about legal substances such as cigarettes, alcohol and solvents, exploring the effects on the body, why some young people and adults might choose to drink or smoke and develop the skills to make healthy choices. The pupils will begin to learn about drugs that are illegal, and practice basic techniques for resisting pressure.
Year 6	Knife and Gang Awareness In this session the Key Stage 2 pupils will gain an understanding of negative implications of knife possession, knowledge of the legal and emotional results from carrying a knife and the implication for both the victim and the offender involved in the knife crime.

Years 5	Young Zak Programme Young Zak is a programme of interactive sessions delivered by a trained and licensed individual which focuses on keeping ourselves safe online. This ranges from basic online safety such as keeping personal details safe, to recognising the signs of radicalisation and how to avoid them.
Years 5 & 6	Bikeability This week-long cycle training programme is designed to ensure that our pupils are safe on the roads. The pupils will learn to control and master their bike in a space away from traffic before applying their proficiency skills on the road.
Year 4	Water Safety In conjunction with the pupils swimming lessons, pupils are taught the dangers of water and how to behave safely around and in the water.
Year 3	Keeping Safe within the Community In this session, the pupils are taught how to stay safe whilst out in the community. The pupils will be taught not to speak to strangers, those who to ask for help if they are lost and to learn their address and phone number by heart.
Year 2	Fire Safety-The Fire Safety Education Programme During this session the pupils are visited by the local fire brigade. The children will learn about potential fire risks in the home including electrical hazards. They will learn the importance a smoke alarm has in the home.
Year 1	Home Safety- Explore medicines and household products To ensure that our children are safe at all times, we make sure that they are taught the dangers of some of the products we keep at home, such as bleach, and how we can avoid being hurt by them.
EYFS & KS1	Stranger Danger- NSPCC All children in EYFS and Key Stage 1 complete the Strange Danger programme to ensure that they can keep themselves safe in public spaces. This is repeated each academic year to ensure that, by the time children reach year 3, they have a firm understanding.
KS1	Road Safety Workshop In order to make sure our children are safe on the busy roads in and around Dartford, we teach them road safety through an engaging workshop.
EYFS	Road Safety- Beep Beep Day This event is aimed at our youngest pupils and their parents. The aim of the event is to engage children with the road safety basics through fun activities, while raising awareness among parents and the wider community about protecting children on roads.

Health and Well Being

At Fleetdown Primary Academy, the physical and mental health and wellbeing of our pupils is at the heart of what we do. If our children are to learn well and grow into healthy and active citizens, we must give them the knowledge, skills and space to do so. We promote the physical and mental well-being of our pupils through a range of activities which supplement our curriculum, ensuring that we go beyond the expected and provide our pupils with a rich set of experiences.

Health and Well Being	
Year Group	Event
Hearing Impaired Pupils	Deaf Healthy Minds Deaf Healthy Minds is designed to support the emotional health and well-being of deaf children and young people. Our sessions at Fleetdown focus on promoting a positive deaf identity within our HI learners to prevent poor self-esteem and poor mental health. We equip the children with positive strategies to independently manage their hearing loss and help them to understand their deafness and what it means for them. Giving them a chance to come together as a cohort not only allows them the chance to share their own experiences, but it creates a safe and understanding space where they are able to develop their confidence and build their social skills.
Whole School	Mediations Session Children are all given the opportunity to take part in meditation sessions throughout the week, as and when they are needed. The sessions will provide our pupils with the skills to help them fend off negative thoughts and behaviours, whilst building self-confidence.
Whole School	Wellbeing Program Pupils across the school participate in well-being events that promote a healthy mind and body. Pupils participate in yoga classes, mindfulness art, still life drawing, walks and exploration, mediation and healthy eating and cooking lessons. We encourage staff to use resources that are not ICT based.
Year 6	Talk about Sex As part of our Relationships and Sex Education, we teach our Year 6 children the basic of: reproduction, contraception and pregnancy, what it means to be a parent, sexually transmitted disease transmission.
Year 5 & 6	Personal Hygiene For our senior pupils we provide sessions on the importance of personal hygiene and why it is important that we take care of our bodies as we grow older and our body changes.
Year 5	Growing up – Puberty For our Year 5 pupils, we provide sessions which provides the pupils with information on how and why our bodies changes and to ensure that they have the knowledge and understanding to manage these changes. These sessions are taught in single sex classes to ensure that the pupils feel comfortable.

Year 4	Fitness Bug In these sessions our pupils will learn the importance of making healthy choices in diet and fitness.
Year 3	Humbug- Growth Mindset In this session the pupils learn about the positive impact having the right mind-set has on ability to achieve greatness. The pupils will explore strategies that can help them become smarter and enable them to achieve more whilst approaches challenges positively and embraces opportunities to grow.
Year 1 & 2	Grow your own vegetables Year 1 and 2 will develop green fingers as they grow and eat their own vegetables throughout the year.
Year 2	Tummy Bug and Flu Bug In this session we teach our young pupils the importance of hand hygiene and the prevention of spreading germs.
Year 1	Gumbug In this session, we teach our pupils about the importance of oral care and how to brush their teeth properly.
EYFS	Dentist Visit In this session, we provide our youngest pupils and parents with the opportunity to meet a dentist and to learn how to look after our teeth.

British Values

Fleetdown Primary is a large, diverse community which serves families from all over the world. Through our personal development programs, we aim to promote British Values and teach our pupils how to respect each other, to understand that differences are positive and that our unique differences make us who we are. Through our inclusive environment, formal lessons, workshops and assemblies, we strive to make our pupils responsible, respectful citizens who thrive together and celebrate diversity.

British Values	
Year group	Event
Whole School	Democracy in Action At Fleetdown Primary Academy, we encourage pupils to play an active role in school life. Each year we hold a vote, curated by the local council, for our school council candidates. We operate a student council throughout the academic year.
Whole School	Signing Choir Our signing choir will be provided with the opportunity to sing at a number of events including singing at Bluewater and a Local Home for the Elderly. We aim to provide our pupils with experiences which develops them into citizens that give back to the community and opportunities for pupils to develop their talents and interests.
Whole School	Deaf Awareness At Fleetdown we encourage children to recognise and respect differences among our school community. By delivering deaf awareness across all year groups, we hope that children gain an understanding of what it means to be tolerant and can show that they are responsible and respectful citizens who treat each other with fairness and equality.
KS2	At Fleetdown, we believe it is vital that pupils gain an understanding and an appreciation of the faiths found within our community. Through our programme of visiting Religious Building, our pupils not only gain an understanding of the faith, but an appreciation for the beautiful architecture of these buildings and the symbols and artefacts found within these different settings. We believe that all pupils should show mutual respect and tolerance to those with different faiths and belief and celebrate the difference within and outside of our school community. Place of Worship Visits: Year 6: Mosque Year 5: Synagogue Year 4: Gurdwara Year 3: Church Year 2: Mandir

Years 5 & 6	SSAT At Fleetdown Primary Academy, we believe it is essential that pupils develop the skills required to become leaders of the future. The SSAT Student Leadership Accreditation is designed to encourage our children to become leaders by teaching the appropriate skills and qualities needed to lead. The programme is designed to challenge our pupils and develop the following leadership fundamentals; social, personal, creative and cognitive skills.
Whole School	Reading Ambassadors At Fleetdown Primary Academy, we believe that every second counts. Our Galaxy 100 Reading Ambassadors provide additional opportunities for our pupils to read to someone. They also promote books we believe every child should read by talking about them with their peers and recommending books they enjoy.
School Council and Debate club	Houses of Parliament Visit The teaching of British Values is interwoven throughout our curriculum and the extra-curricular activities we provide. Our School Council visit the Houses of Parliament to gain a greater understanding of how democracy works in the UK and the important role democracy plays in British Society.
Years 5 & 6	Meet the MP Providing our pupils with opportunities to engage in discussion is a vital life skill especially when discussing matters that concern them. During this session the pupils of Year 6 will have the opportunity to meet with the local MP and to discuss matters that concern them and their local community.
Year 3 & 4	Early Years Helpers To ensure that our pupils understand the value of participating and contributing to society, our Year 4 pupils take on the role of Early Year's Helpers. The pupils support our youngest pupils throughout the lunchtime teaching them how to play and interact with each other.
Years 1 & 2	Classroom Citizens To ensure that our pupils are good, caring citizens of the future, pupils in Years 1&2 have the opportunity to look after each other and show respect at all times. Pupils are taught that taking care of our friends is an important skill for life.
Reception	Class Room Pets To ensure that our pupils are good, caring citizens of the future, pupils in reception and Key Stage 1 have the opportunity to look after the class pet. Pupils are taught that looking after a living thing is a responsibility be taken seriously.