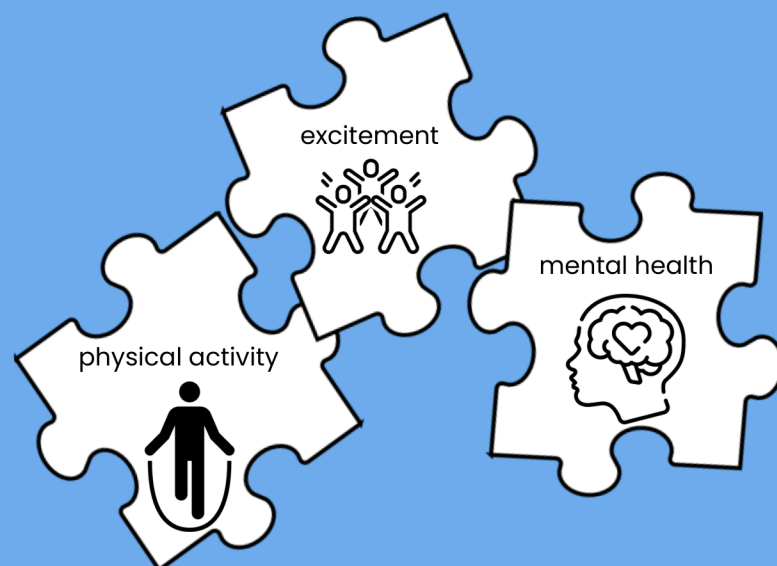


Fleetdown Curriculum Statement

PHYSICAL EDUCATION



Purpose



Physical education at Fleetdown aims to promote curiosity and excitement around physical activity and the impact this can have on our mental health and wellbeing.

We believe the study of PE is a means to develop our understanding of and engagement with our world.

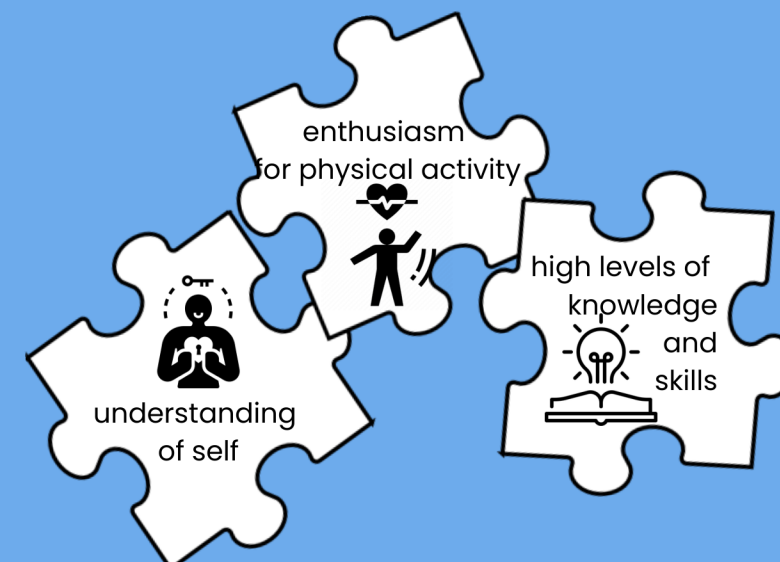


Implementation

Our PE curriculum is delivered through use of the Complete PE scheme of work. Through this scheme, children experience a range of sports and activities, as well as units on health and wellbeing, to give a rounded experience of PE. Where possible, we align these to our termly topics.



Impact



Our children show high levels of knowledge and skill in physical education. They are enthusiastic about exercise and can talk about how this impacts on their mental health and wellbeing.

PE is assessed in line with our assessment policy.

